



Yoga for Harmony & Peace

***"TASTE OF INDIA TOUR" - JUNE 2018***

Now we are into January - Kindly confirm if you are Joining us ' With a \$Aus230 "Deposit" [ Via Cheque Or EFT ] Details Below.

We are "Limited" to 10 Sadhak,s [ so we can only take the 1st X 10 "Deposits" ]

A tour group has been organised to visit Ananda Ashram Pondicherry, India to attend special events organised by the Ashram in conjunction with outside events for the 2018 International Day of Yoga, which is now a significant event all over India. We will depart Australia independently to rendezvous at Singapore Airport on Tuesday 19th June 2018 and will depart Singapore for Chennai at 20:25 on Singapore Airlines Flight SQ528. Please make your own airline bookings accordingly.

On arrival we will be transferred by bus to a Hotel in Mahabalipuram for overnight stay. Please advise whether you require a single room or shared. The following day Wed 20<sup>th</sup> June, we shall continue our journey by bus to the Ashram (ICYER) in Pondicherry.

Our accommodation will be at the air-conditioned Quiet Healing Center which is a short walk from the ashram <http://quiethealingcenter.info/>. This will be an additional cost; however meals will be taken at the ashram.

During our stay we will join in events at ICYER and visit the Yoga Research Centre at Sri Balaji Vidyapeeth University (SBV) where Dr. Ananda is the Director of studies. We will also take day bus tours to Arunachala and Chidambaram (additional cost). Arunachala is a spiritual site for many Hindus and Chidambaram Temple is one of the five holiest Shiva temples in Tamil

Nadu. [http://www.chidambaramnataraja.org/about\\_temple.html](http://www.chidambaramnataraja.org/about_temple.html)

We shall depart from Chennai for Australia on Fri 29<sup>th</sup> June. 2018.

The expenses involved will be:

- Airfares
- \* Chennai Airport to Heritage Hotel at Mahabalipuram 19th June [by Bus ] = \$Aus10 Each.
- Accommodation at "Mamallaa Heritage" at Mahabalipuram 19th June = \$Aus 28 Each [ Based on 2 -Share per Room ]  
if you Require "Single" room - Inform Murali when Paying "Deposit".
- \* Breakfast on Morning of 20th June = \$Aus 5 each whilst Lunch on 20th June = \$12 each [ Approx ].
- \* Bus to Pondicherry / ICYER on Evening of 20th June [being Negotiated ]  
Accommodation at **Quiet Healing Center [ Next Door to ICYER ]** – Allow \$49 AUD per night  
[ This is also being Negotiated ] - Inform Murali if you require A/C Room - next Door ] when Paying your "Deposit" ].
- Tours [Bus costs are being Negotiated at Present].
- Personal expenses [ you may take the opportunity ] to buy some Indian Clothing also we normally take "Mala,s"  
to the Madam on Sunday + Ashram Books at Indian Prices. [Allow \$Aus200 ].
- The ICYER component will cost 600 Euro - at today's rate about \$900 [ \$Aus900 Less \$Aus200 "Deposit". ] = Balance of \$Aus700 at ICYER.
- A non- refundable deposit of \$230 AUD which includes GYAssoc membership till April 2019 - is required "Now" to secure the accommodation and tours.
- NZ Members pay equivalent in NZD please contact Cathryn for NZ Bank Details.

Further details can be obtained from Murali [muralidharan33@yahoo.com.au](mailto:muralidharan33@yahoo.com.au)> and if you wish to book for this trip you can post a cheque for the deposit to Murali and made out to "Gitananda Yoga Association"

[26 Trevitt Road](#)  
[North Ryde 2113 NSW](#)

Or: transfer the deposit to the GYA account below:  
Gitananda Yoga Association  
BSB: 015-025  
Account: 498569383 Reference: your name –  
Then send confirmation of your payment to Murali  
at: [muralidharan33@yahoo.com.au](mailto:muralidharan33@yahoo.com.au) .